

The allowance for elderly people with a care need in Brussels



The Care budget for elderly people with a care need is allocated to the over-65s who struggle with daily tasks and who have a limited income.

After the 6th state reform, and since 01-07-2024, the payment of the allowance for 'elderly people with a care need' has fallen under the remit of Regional Governments. If you live in the Brussels Capital Region, since 01-01-2021, you have been able to contact **Iriscare**.

What?

The payment to elderly people with a care need is a financial benefit for older persons (over-65s) who find it difficult to carry out daily tasks. The benefit is intended to cover the costs which result from the disability. It is only allocated to persons with limited incomes.

The payment is allocated by Iriscare.

For whom?

The payment is allocated on the basis of certain criteria.

Age: The applicant must be aged **at least 65**.

The extent of self-reliance. There must be reduced self-reliance of at least 7 points. The payment depends on the extent to which the claimant needs help from others. The extent of self-reliance has been established by means of a medical check-up. The self-reliance is determined on the basis of six areas:

- ability to move around
- ability to eat and prepare food
- ability to carry out personal hygiene tasks and get dressed
- ability to maintain the home and carry out household tasks
- ability to live without supervision, be aware of risks and be able to avoid those risks
- ability to communicate and maintain social contact

For each of these areas, points will be allocated based on the difficulties that are experienced in daily life.

| | |
|-------------------------|----------|
| No difficulties | 0 points |
| Minor difficulties | 1 point |
| Major difficulties | 2 points |
| Impossible without help | 3 points |

Residence. The person needing care must reside in the Brussels Capital Region.

Amount

The maximum amount of the allowance is reduced depending on the household income **and** the income which exceeds the ceiling is deducted from the maximum amount of the allowance.

| Family situation | Category | Amount to be deducted from the maximum allowance (01-05-2024) |
|---|----------|---|
| Situations that do not fall into category C | A/B | Anything that exceeds the maximum exemption of 16.988,37 euro |
| Cohabiting with partner or dependent children | C | Anything that exceeds the maximum exemption of 21.228,41 euro |

The amount of the payment that is allocated depends on the category of reduced self-reliance (total number of points), the family situation and family income.

| Category | Maximum amount/year (01-05-2024) | Maximum amount / month |
|--------------------------------------|----------------------------------|------------------------|
| Category 1 (7-8 points) | 1.269,90 euro | 105,83 euro per month |
| Category 2 (9–11 points) | 4.847,49 euro | 403,96 euro per month |
| Category 3 (12-14 points) | 5.893,77 euro | 491,15 euro per month |
| Category 4 (15 tot 16 points) | 6.939,74 euro | 578,31 euro per month |
| Category 5 (17 tot 18 points) | 8.524,50 euro | 710,38 euro per month |

How to submit a request.

The application can be started online via Iriscare (from the age of 65)

Submitting the request

1. You can submit an application online via www.myiriscare.brussels/nl/thab-aanvragen/. The application can also be submitted in writing via the [form](#) 'Application for allowance for elderly people with a care need who officially reside in Brussels'
2. OR The application can be submitted by a professional e.g. the healthcare insurance fund, the Public Social Welfare Centre, the care home, but also voluntary carers. An eID or pincode is not required. The professionals can submit the application without authorisation.
3. **Need help? You can ask CM's Social Work service for support.**
4. The application takes the form of a questionnaire. Completing the questionnaire will take between 15 and 30 minutes.

Examining the request

5. When Iriscare has received the application, the medical questionnaire will be sent to the Centre for evaluation of the level of autonomy and disability (CEAH). The medical information will be requested by CEAH digitally from your doctor.
6. Iriscare does its best to use electronic streams to gather the information it does not have.

Evaluation of the reduced level of self-reliance

7. On the basis of the information submitted, the doctor will evaluate the extent to which the disability impacts on day-to-day activities. If necessary, a face-to-face appointment can take place or your doctor may be contacted. The doctor must carry out the evaluation on the basis of a questionnaire and provide reasons if he deviates from certain norms.

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Uitgifte: Juli 2024 – FPS SS Care budget for elderly people with a care need

Decision

8. You will receive a letter from the CEAH with the medical decision. The decision also defines the measures (certificate) to which you are entitled, the duration thereof and the corresponding payment amount.
9. You will then receive notice of the administrative decision (Iriscare)
10. On the 23rd of the month (approximately) following the decision, you will receive the first month's payment as well as the arrears owed.

The appeal procedure

11. If you do not agree with the decision, you can submit an appeal for up to 3 months after receipt. We recommend that you carefully investigate the feasibility of submitting an appeal. Your union or healthcare insurance fund can offer advice and support when undergoing an appeal procedure.

GOOD TO KNOW

The regulations regarding the payment of this allowance for elderly people with a care need are complex. CM's Social Work service has been building up the relevant expertise for many years. The service will happily provide information and advice regarding initiating a file, submitting the request and with respect to any questions about reviewing your file due to the deterioration of your medical situation.

If you need help to submit a request, do not forget to bring the following:

- Your identity card
- Your bank account number
- The name of your doctor

ATTENTION!

Those payments are not subject to tax.

You must report any new information that could give rise to a change in the payment amount (e.g. the sale of a house). This must be reported via Irisicare too via the contact form on the website, by phone or by letter.

Need more information?

For more information, personal advice, or support with your application, please contact the Careline:

- Tel.: 02 204 32 34
 - Monday to thursday: 8.30 to 12 o'clock and 13 to 17 o'clock;
 - Friday: 8.30 to 12 o'clock and 13 to 16 o'clock;
- E-mail: zorglijn@cm.be
- Online application: www.myiriscare.brussels/nl/thab-aanvragen/
- Website IRISCARE: www.myiriscare.brussels/nl/wat-is-de-thab/
- Iriscare – Dienst THAB - Trierstraat 70 bus 2 • 1000 Brussel / apa-thab@iriscare.brussels
- Tel: 0800 35 499 (free number) – Monday from 8.00 am to noon; Tuesday to Friday, 8.00 am to 1.00 pm.