

# VAPH – Personal Budget (PVB)

**Adults with a disability (PWDs) can request a Personal Budget (PVB). The PVB is a personalised amount per year that is provided to purchase care and support. The PVB is the second stage- of Personal Financing.**

## What?

The PVB is a personalised amount per year that is provided to purchase care and support. It is intended for those who, as a result of their disability, require intensive or frequent disability-specific support. The PVB can be used for the following (among other things):

- Buying daily support, living support or individual supervision from a care provider recognised by the VAPH.
- Paying for supervision at home.
- Recruiting someone to provide support with daily outings and similar.
- Engaging a home carer (including cleaner, family support, etc.)
- Engaging on-duty care (calling for help after- a fall).

## Three types – twenty-four budget categories

There are three types of PVB:

- Cash budget: you receive the amount directly from the VAPH. With this amount, you are responsible for organising the support you need.
- Voucher: you receive a voucher or cheque that you can use with a recognised care provider of your choice for supervision, daily support or home-based care. You do not have to manage the voucher budget yourself.
- Combination cash budget / voucher

The budget categories vary between 7.786,74 euro to 103.774,57 euro per year (2024). The category into which you fall depends on the request, the need and the extent to which you need support.

## Who

### Persons with a disability from the age of 17

The PVB is intended for disabled adults (PWDs) aged 17 or above who need intensive, frequent and more specialised support than can be provided with the [basic support budget](#) (ZBO) and the directly accessible support (RTH). The PVB is a customised budget that is used to organise the desired support.

- You must be recognised by the VAPH as the person with the disability.
- You must be younger than 65 (when you first apply).
- You must live or be staying in the Brussels Capital Region.

## Procedure

If you wish to submit a request, you must draft a support plan. This plan provides an overview of the requested support and a detailed justification thereof. You can draft this as the PWD or you can ask the Social Work service of the healthcare insurance fund, a Support Plan Service (DOP) or a user organisation to assist you.

After approval of the support plan by the VAPH, a recognised multidisciplinary team (MDT) will draft a report. This report sets out your disability, request and support need objectively. If necessary, they will also create the Care Severity instrument (ZZI). The MDT will propose a budget category and collate information about the urgency of the demand.

The regional priority commission will assess the demand (in the short or long term) for a PVB.

The VAPH allocates the Personal Budget.

### Handy tip

As a result of budgetary limitations, the VAPH cannot immediately allocate a budget to all approved requests for a PVB. You will be put on a waiting list. There are still waiting lists from the past that have to be eliminated. This means that the allocation of a PVB will take place on the basis of priority rules. Those who have the greatest need for support will be allocated a budget more quickly.

## Urgent support required

In certain situations there may be an urgent need for support, e.g. when the network suddenly breaks down (emergency situation), when someone is diagnosed with a rapidly progressing degenerative condition (urgent situation) or there is a social need (e.g. when there is a case of abuse or neglect. If the VAPH establishes that the criteria for these situations have been fulfilled, the PVB may be allocated more quickly.

## Need limited support or resources?

If you have a (suspected) disability and a request for limited, disability-specific support, you should not follow this procedure. You can consult [directly accessible support](#) (RTH). If you need resources in order to engage in activities independently, you can run through the request procedure for resources & adaptations. The current request procedure for the VAPH is maintained for this purpose ([see info sheet](#)).

## More information?

For more information, please consult:

De Zorglijn (the Care Line), [www.cm.be/zorglijn](http://www.cm.be/zorglijn)

- Tel.: 02 204 32 34
  - Monday to Thursday: 8.30 to 12 o'clock and 13 to 17 o'clock;
  - Friday: 8.30 to 12 o'clock and 13 to 16 o'clock;
- E-mail: [zorglijn@cm.be](mailto:zorglijn@cm.be)

Website VAPH: [www.vaph.be/persoonlijke-budgetten](http://www.vaph.be/persoonlijke-budgetten)